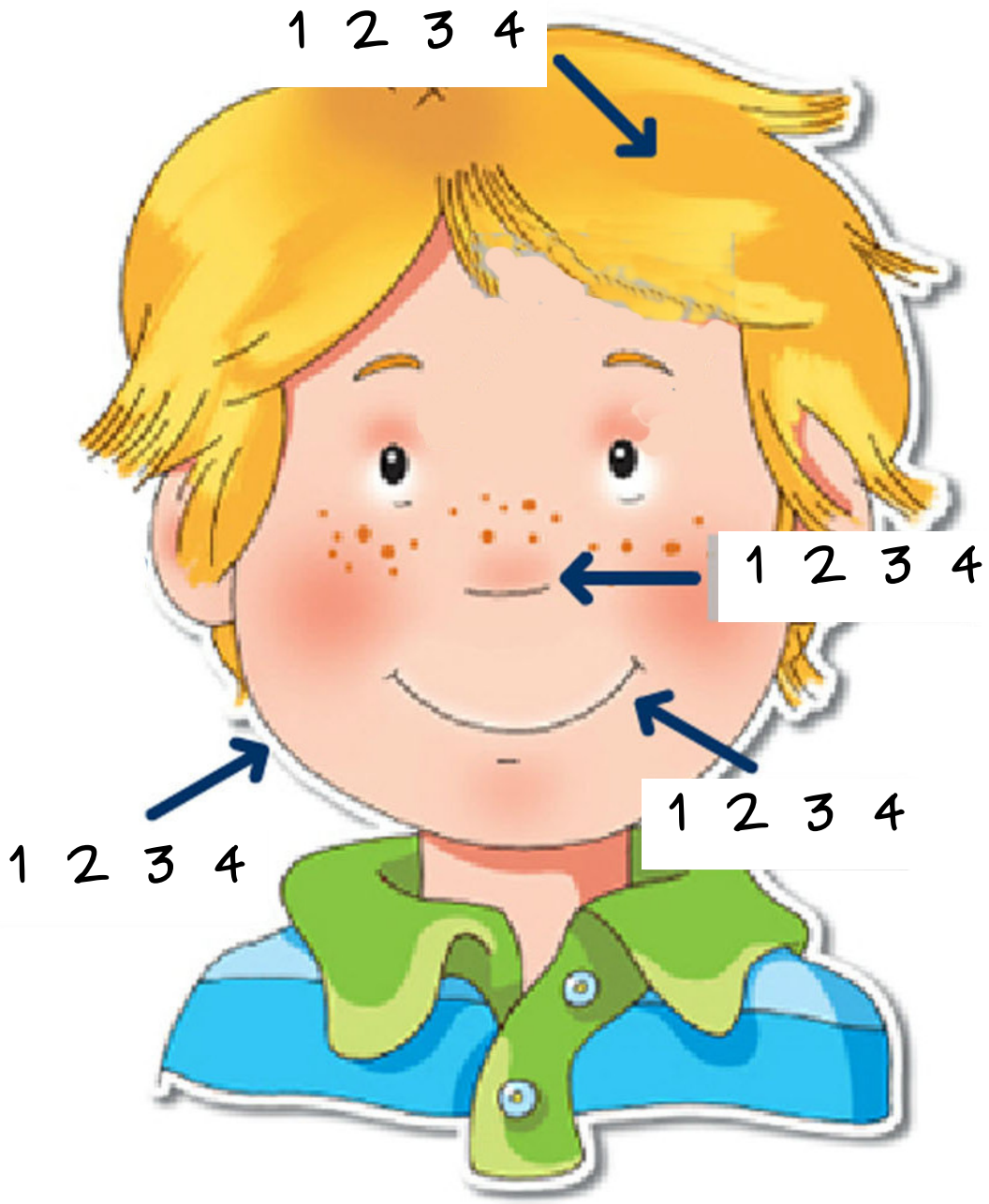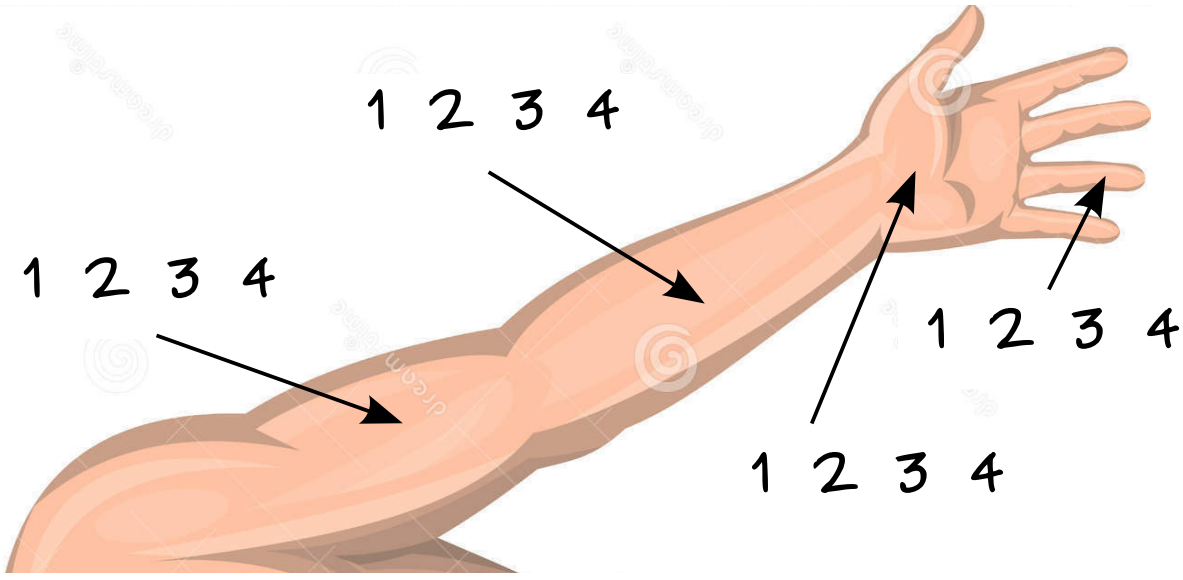Prove di tatto